# Medical Alert

### ON THE GO MINI USER GUIDE





#### WELCOME!

Enclosed you will find your Monitoring Service Agreement filled out with the information provided at the time of your order.

Please review the agreement carefully to ensure its accuracy and note any updates if necessary.

Sign and date the Monitoring Service Agreement where indicated and return it in the postage paid envelope. Keep the second copy for your records.

Please fill out the enclosed EMT Information Card and place it on your refrigerator for a quick reference in case of an emergency.

Thank you!

#### **Medical Alert**

### **ABOUT YOUR DEVICE**





### **SETTING UP YOUR DEVICE**

- 1 Attach the charging cable and Insert into an electrical outlet that is not controlled by a light switch.
- 2 Place your On the Go Mini device in the charging cradle. If the battery is out of charge, it may take a few minutes for the device to announce, "Your device is now charging," and the green flashing LED will appear. The red LED light will illuminate. When the red LED light goes out, your device is fully charged.
- **3** Your device is now ON and you will be ready to make a test call when there is adequate battery charge, and the device is connected to the cellular network. You will hear an announcement and the device will prompt you through the setup. The setup message will repeat until the button is pressed and setup is complete.









### **USING YOUR DEVICE**

#### PLACING AN EMERGENCY CALL

- 1 Firmly press and hold the HELP button until the device beeps and announces, "Placing an emergency call now. To cancel the call please press and hold the HELP button for two seconds now."
- **2** Allow the call to go through and speak to the response center.



PRESS AND HOLD BUTTON UNTIL BEEP

#### **CANCELING AN EMERGENCY CALL**

- 1 During the *"Placing an emergency call now..."* announcement, press and hold the HELP button for **two seconds** when prompted.
- 2 The device will announce, "Your call has been canceled."



TO CANCEL

#### THE DEVICE REQUIRES AN ADEQUATE BATTERY CHARGE AND A CELLULAR SIGNAL TO MAKE AN EMERGENCY CALL.

In the unlikely event the device announces *"Call failed"*, attempt to place the call again and/or move to an area with better cellular service.



# **USING YOUR DEVICE**

### **TURNING OFF YOUR DEVICE**

Quickly press and release the Help button three times. Your device will announce, "Device is powering off. Please confirm by pressing and holding the HELP button now."

Confirm by pressing and holding the Help button and the device will announce, *"Powering off now, goodbye."* 

### **TURNING ON YOUR DEVICE**

Firmly press and hold the HELP button for **one second or place it on the charging cradle.** 

### WEARING YOUR DEVICE

**OPTION 1:** Place the device face down on a table or other hard surface. Secure the band by pressing the nub in the desired hole on the band and slide the band under the attached loop.

**OPTION 2:** If you are not using the loop provided: Insert the band through the oval hole. Press the nub in the desired hole and the band will be secured underneath the wrist band.













LED	Announcement	What this means	What you should do
Solid Red Power Light	"Your device is now charging."	Device is connected to the charger.	Leave on charger until battery is charged and the red light goes out.
Blinking Red Power Light	"Your device battery is low. For your protection, please place your device on the charger now."	Your battery is critically low.	Place device on charger as soon as possible.
Solid Green Signal Light	"Your device is now ready."	Your device has cellular connection.	Press the HELP button if you need assistance.
Blinking Green Signal Light		Your device has adequate charge and is looking for cellular connection.	Wait. If this continues, move to another location with better cellular coverage.

# FALL DETECTION

### FALL DETECTION - HOW IT WORKS

Fall detection technology only takes a few seconds to interpret the movement and determine if an actual fall has occurred. If a fall is determined, the device will send a signal which will initiate a call to the emergency response center.

- In certain situations, the fall detection feature may not detect a fall. Some movements including, but not limited to:
  - A gradual slide from a seated position
  - Lowering oneself slowly to the ground (to brace the impact of a fall)
  - A fall from a height of less than 20 inches
- Certain conditions may affect the ability of the fall detection feature to detect a fall, including, but not limited to:
  - Use of the System at an altitude above 6600 feet
  - Use of the System by a subscriber less than 4 feet 6 inches tall
  - Use of the System by a subscriber weighing less than 88 pounds
  - However, the ability to send a help call by pressing the help button is not affected by such conditions.

# FALL DETECTION TECHNOLOGY DOES NOT DETECT 100% OF FALLS.

ALWAYS press your HELP button if you are able, as some falls may not be detectable. Ŵ



### **TIPS AND REMINDERS**

- Your device is waterproof and can be worn in the bath or shower. It should not be submerged in water for extended periods.
- To conserve the battery, when wearing your device, the LED will remain OFF as long as there is adequate charge.
- Always turn your device off when traveling on a plane.
- Save your shipping box for future use.
- To clean the device, wipe with a damp cloth. Never insert sharp objects into any cavity. It will damage the device and could void the warranty.
- Your device uses the cellular network to communicate. The device's location, network provider service availability, and other issues may disrupt communications.
- Your device uses GPS technology to identify your location. In good conditions, the product should provide a location that is accurate within 30 feet or less. However, the performance of GPS can be affected by a wide range of factors, including obstructions, metal objects in the vicinity, structures that block the signal from satellites, weather, and other factors.
- In accordance with FCC regulations and ISED/IC Canada registration, our products are tested, as are other cellular and wireless communications products licensed in the North America. Individuals with pacemakers should review their pacemaker materials regarding interaction with cell phones and take the same precautions the materials recommend for this device. Consult with your healthcare professional.

#### **PLEASE NOTIFY US**

if there are any changes to your address, phone number or emergency contacts.



### **QUESTIONS?**

Call us toll free **1-800-906-0872** 

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